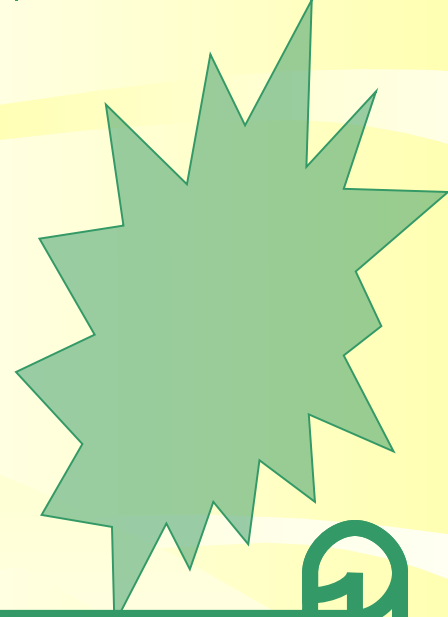


The ALCOHOL - AWARE Course

**A Unit Level Training
Program**

Module 1:



The Risk

In the Alcohol - Aware Course, You Will

Learn:

- The risks of alcohol misuse
- The Marine Corps' rules, regulations and values about drinking
- Your responsibility to live up to those rules
- Signs and symptoms of problem drinking
- How to assess your personal risk
- What is meant by “responsible use”
- Alternatives to drinking

“Listen to the Voices”



- What is your command's climate like with regard to drinking?
- Could the tragedies shown in the video happen in your command?
- Have any of you put yourselves in similar risky drinking situations?
- Do you believe that these things only happen to “the other guy”?
- What can you do to avoid risky situations?
- Is there anything that prevents you from taking those safe actions?